

**A Big Surprise... and Another**

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| **Episode 12 Confessionals** | | |
| **Cataway** | **Old Count** | **New Count** |
| Brian | 2 | 1 (-1) |
| Clay | 1 | - |
| Jan | 3 | - |
| Helen | 8 | 10 (+2) |
| Ted | 2 | - |
| Jake | 5 | - |

Day 30

1. **Jan (1/3):** During Tribal Council, Jake said, *“I feel like I'm one of the hardest workers out here. A lot harder worker than some of the others in the tribe,”* and Clay doesn't really simmer with things like that real well.
2. **Jake (1/5):** What they said last Tribal Council was anybody that did not produce was the one who was going. And I gotta tell you, I put my production up basically against anybody's and that offended Clay.
3. **Helen (1/10):** Quite frankly, I don't think Clay liked that playing at Tribal Council because it was true. Jake does more than Clay. Why do you think Clay got upset? People working know they're working! The people skating know they're skating! And he was ticked that Jake brought that up.
4. **Ted (1/2):** Clay is definitely starting to get on my nerves. The outburst that he had, I thought was very, very childish and uncalled for. I didn't see anything wrong with Jake's comments. It was just words, so what if he felt that way? Who gives a heck?

Day 31

1. **Clay (1/1):** 31 days... overall, we're physically whooped. You take 31 days in a cave, living off whatever you can find... I've lost way, way too much weight. I miss my family, I miss home. And we're to the point now where you start smelling it, you know it's-it's coming, it's not long.
2. **Jake (2/5):** Oh, every day I spend a little bit of time just kind of writing down what I've done here 'cause it's kind of like a letter to my wife-- in fact, it is a letter to my wife. A little journal on what's happening through the day and there's a lot of *“I miss you”* kind of stuff rolled into it. I can see the ending is in sight and, uh, I just sit here waiting on the next challenge.
3. **Jan (2/3):** Helen and I went down and got Tree Mail. Within a real neat little container, we open it up and it was rice! Thank God! So we were so excited.
4. **Jake (3/5):** Oh, my God. The girls came sprinting back up here. Now these are people who can hardly walk and they sprinted up here.
5. **Ted (2/2):** We saw the word feast, luxury, nourishment so automatically: food, was like, *“Oh, this is great!”*
6. **Helen (2/10):** You know, I was kind of going around showing him like, you know, *“Oh, my God, this is where we sleep,”* and showing him our food situation.
7. **Jan (3/3):** We gave them the honeymoon suite for the evening and, uh, tried to listen *(laughs)* but we couldn't hear anything.
8. **Helen (3/10):** We had a very nice evening talking, talking, talking, talking, talking, talking, talking, talking. You have no idea how not having family out here is actually, physically painful. You just don't know it til you get out here, how huge family is. Man, just nothing else matters.

Day 32

1. **Helen (4/10):** I-I decided to take Jim on the, uh, canoe ride today to show him where the-- where we get the water so that he could get the full experience of, uh, the fact that you don't go out and turn on the tap.
2. **Helen (5/10):** I trust Brian. Brian's an upfront guy. I don't trust Clay. What I'm trying to figure out is can I flip Jan? Can I flip Ted? Can I flip Brian? Can I get Clay out?
3. **Helen (6/10):** Just in being able to talk about the game and strategize with Jim, I'm gonna dread seeing him go but I've been so recharged on this that, um... I-I'm gonna be fine.
4. **Helen (7/10):** Spending the day with Jim was the huge mountaintop high and then the crushing low. (25:44 → 25:55 = 11s)
5. **Helen (8/10):** I felt bad about being so low because I didn't think the other people needed to see that. They didn't get a day at all. Um, I'm very aware of that and, um, you know, I've-- I was the lucky one and I didn't want them to be looking at me going, *“Geez, I mean, she shouldn't be upset, she had 24 hours with him.”*
6. **Helen (9/10):** In a strange way, I almost wish it hadn't happen because, um, the lows are so low. It's hard. I knew it would be hard, I... didn't think I'd be that hard.

Day 33

1. **Jake (4/5):** We got Immunity Challenge and I need it. There's five people from the other, uh, tribe and one person from my tribe, and that's pretty strong, uh, cards stacked against you. But I'm telling you what, Jenny is the biggest inspiration that I can get. What she did, just trying to get to me, gave me so much inspiration that I really feel like today I can run through a brick wall.
2. **Jake (5/5):** You know, it was one of those things, I went into that today knowing that I had to win immunity. Now it doesn't matter, *(chuckles)* 'cause I know what's really important. It's about love, it's about your family. Then it makes you realize, especially, it really is to be able to experience 33 days in a cave in our beach without your loved one and then to be able to see 'em *(...)*.
3. **Helen (10/10):** I have to get Brian aside and run some strategy by him and just get some opinion worked on there. (35:42 → 35:51 = 9s) I trust Brian. I don't think Brian would ever look at me and try to dupe me on something, play me for a fool, and I wouldn't do that to him. But I talked about, perhaps pulling in Ted and Jan and trying to form a threesome and take out Clay. (36:09 → 36:18 = 9s) Quite frankly, Clay does squat at camp. He has gone on one water run in 32 days and he swamped the boat when he went. And that stuff, uh, goes right up my *(mutters)* and hell no!
4. **Brian (1/1):** This is where practical, logical, business sense comes into mind and you gotta have to keep your mind open and then adapt accordingly, switch, jump ship here 'cause it's a game of survival. I mean, this is a game. It's just a matter of who trusts you the most. That's where we're at right now, and who's got a little bit of control? And right now, I got a little bit of both.